

## **Children & Families**

### **Bereavement**

#### **The Childhood Bereavement Network**

E-mail [cbn@ncb.org.uk](mailto:cbn@ncb.org.uk)

[www.childhoodbereavementnetwork.org.uk/](http://www.childhoodbereavementnetwork.org.uk/)

020 7843 6309

#### **Holding On Letting Go**

For grieving Children aged 6 to 16  
Weekend Programme

08445 611511

Wisdom Hospice

High Bank

Rochester ME1 2NU

E-mail [info@holdingonlettinggo.org.uk](mailto:info@holdingonlettinggo.org.uk)

#### **RD4U (Cruse for Young People)**

Website for bereaved young people  
To share experiences in a safe chat-room  
[www.rd4u.org.uk](http://www.rd4u.org.uk)

0808 808 1677

Freephone

Mon – Fri 09.30 - 17.00

### **Agencies**

#### **Action for Children**

[www.actionforchildren.org.uk](http://www.actionforchildren.org.uk)

E-mail [ask.us@actionforchildren.org.uk](mailto:ask.us@actionforchildren.org.uk)

0300 123 2112

#### **CAMHS**

[www.camhs.org.uk](http://www.camhs.org.uk)

#### **CAMHS – Canterbury**

George Turle House

54 London Road

Canterbury CT2 8JY

01227 597055

<b>CAMHS – Medway &amp; Swale</b> Canada House Barnsole Road Gillingham ME7 4JL	01634 583000
<b>CAMHS – Thanet</b> Orchard House 17 Church Street St Peters Broadstairs CT10 2TT	01843 604777
<b>The Compassionate Friends</b> <a href="http://www.tcf.org.uk">www.tcf.org.uk</a>	0845 123 2304 (Lines staffed by bereaved parents)
<b>Family Action</b> <a href="http://www.family.action.org.uk">www.family.action.org.uk</a>	020 7254 6231
<b>Fegans – Head Office</b> <a href="http://www.fegans.org.uk">www.fegans.org.uk</a> E-mail <a href="mailto:info@fegans.org.uk">info@fegans.org.uk</a>	01892 538288
<b>Fegans - Local Branch</b> 160 Margate Road Ramsgate CT12 6AA	01843 587000
<b>HomeStart</b> <a href="http://www.home-start.org.uk">www.home-start.org.uk</a>	(National FREE Info Line) 0800 068 63 68
<b>HomeStart – Canterbury &amp; Coastal Branch</b> The Chaucer Technology School Block.G Spring Lane Canterbury CT1 1SU	01227 472050
<b>HomeStart – Sittingbourne &amp; Sheppey Branch</b> Phoenix House Central Avenue Sittingbourne ME10 4BX E-mail <a href="mailto:home-startsitt@btconnect.com">home-startsitt@btconnect.com</a>	01795 429007
<b>National Portage Association</b> <a href="http://www.portage.org.uk">www.portage.org.uk</a> E-mail <a href="mailto:info@portage.org.uk">info@portage.org.uk</a>	0121 244 1807

**SNAAP**  
Special Needs Advisory & Activities Project

01227 367555  
(Mon – Thurs 09.00 – 16.00)

Windchimes  
Reynolds Close  
Herne Bay CT6 6DS  
E-mail [info@snaap.org.uk](mailto:info@snaap.org.uk)

**STEPAHEAD** (Formerly Breakthrough)  
Stepahead Support  
De Gelsey House  
Community Support  
1 Jubilee Way  
Faversham ME13 8GD

**Winston's Wish Family Line**  
[www.winstonswish.org.uk](http://www.winstonswish.org.uk)  
E-mail [info@winstonswish.org.uk](mailto:info@winstonswish.org.uk)

Helpline: 08452 030405

**Demelza House Children's Hospice**  
E-mail [info@demelza.org.uk](mailto:info@demelza.org.uk)

01795 845200

**Slide Away**  
(Helping bereaved young people get back on their feet)  
E-mail [louisewebster@slideaway.org](mailto:louisewebster@slideaway.org)

07970 597715

**Crysallis – Bereaved Parents Support Group**  
C/O Dover Counselling Centre

01304 204123  
Contact Angie Wiggins)

**Jigsaw 4U**  
Website [www.jigsaw4u.org.uk](http://www.jigsaw4u.org.uk)

01342 313895

**Child Death Help-line**  
Website: [www.childdeathhelpline.org.uk](http://www.childdeathhelpline.org.uk)

Freephone: 0800 282980

**ChildLine**  
Website: [www.childline.org.uk](http://www.childline.org.uk)

0800 1111

**Family Lives** (formerly Parentline Plus)  
Website: [www.familylives.org.uk](http://www.familylives.org.uk)

0808 800 2222

**Grief Encounter**

Website: [www.griefencounter.org.uk](http://www.griefencounter.org.uk)

020 8446 7452

**Child Bereavement Trust**